



Risky Drinking Checkup for Youth

Participant No. _____

Age: ____ Gender: M F Ethnic identification: Caucasian Aboriginal Other
 I heard about this event by:
 Article Print ad TV Radio Word of mouth Poster Other
 I have a relative with alcohol use problems: Yes No

Today, fewer BC youth are drinking alcohol than in the past. Those who do drink are waiting until they are older before trying it. Some youth do not drink any alcohol and do not intend to.

Among teens who choose to drink, some do so in ways that run a real risk of harm to themselves and others. Do you sometimes drink alcoholic beverages? If so, here's a chance to check out how your own pattern stacks up, safety-wise.

Things to keep in mind while checking it out:

- Honesty is important for helpful feedback.
- Your drinking habits will not be made public.

CHECKUP QUESTIONS

	YES	NO
1. Have you ever ridden in a car driven by someone (including yourself) who had been using alcohol?	_____	_____
2. Do you ever use alcohol to relax, feel better about yourself, or fit in?	_____	_____
3. Do you ever use alcohol while you are by yourself, alone?	_____	_____
4. Do you ever forget things you did while using alcohol?	_____	_____
5. Do your family or friends ever tell you that you should cut down on your drinking?	_____	_____
6. Have you ever gotten into trouble while you were using alcohol?	_____	_____
7. When was the last time you got drunk?	_____	

Staff Use	
YES	NO
NFA	_____
RFI	_____
SDP	<input type="checkbox"/>
RDP	<input type="checkbox"/>

FEEDBACK

An on-site clinician will talk to you briefly about your responses and what they mean. The clinician will also provide access to further resources.

Questions 1-6 adapted from CRAFFT, a short screening tool designed for adolescents and made available by the Center for Adolescent Substance Abuse Research, Children's Hospital, Boston MA.

ADDITIONAL CLINICIAN NOTES: