



Quick Scoring Aid to CARBC's Risky Drinking Checkup for Youth

CARBC's **Risky Drinking Checkup for Youth** (adolescents under 19) asks only **7** questions.

Questions 1-6 are Yes/No and are scored collectively.

Record results in the Staff Use side box on the front page of the questionnaire form.

2 or more Yes answers

Check ✓ under **Yes** beside **NFA** (Need for Further Assessment)

Fewer than 2 Yes answers

Check ✓ under **No** beside **NFA**

Question 7 asks for a time indicator and is scored separately.

Record results in the Staff Use side box on the front page of the questionnaire form.

3 months ago or less

Check ✓ under **Yes** beside **RFI** (Risky Frequency of Intoxication)

More than 3 months ago/Never

Check ✓ under **No** beside **RFI**

Drinking Pattern is a combination of the above results.

Record results in the Staff Use side box on the front page of the questionnaire form.

No **NFA** and No **RFI**

Check ✓ in beside **SDP** (Safer Drinking Pattern)

Yes **NFA** and/or Yes **RFI**

Check ✓ in beside **RDP** (Riskier Drinking Pattern)

Questions 1-6 adapted from CRAFFT, a short screening tool designed for adolescents and made available by the Center for Adolescent Substance Abuse Research, Children's Hospital, Boston MA.
